



# MACHINATORES VITAE

Engineer Community Newsletter

## From the Chief Engineer Officer



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### INSIDE THIS ISSUE:

*EPAC Chair Update* [3](#)

*Reflections by CDR Engelstad* [4](#)

*2015 SAME Engineering & Construction Camp* [-](#)

*Headlines from The Military Engineer* [10](#)

*Recent & Upcoming Events* [10](#)

*New Engineer Officers & Recent Retirements* [11](#)

### Get Ready, Change is Coming!

If these words make you anxious, don't let that feeling bother you. Most people are anxious about change. The key for me is to see change as an opportunity. If I am quick to respond to change, I feel that I have a better chance to adjust to the circumstances and to be a contributor. If I am dragged along by change, it feels exhausting and negative. When I think about our Service, I often think about the military families that often move, deploy, uproot and reestablish themselves many times while on active duty. Sometimes these changes have a negative impact on the family members, but many times it produces resiliency in those individuals and families to change. As we move forward with our new APFT, personnel system changes, changes in assignments, and changing policies and practices of our Corps, remember to build upon your personal resiliency. How we react individually to change also impacts those around us. This sort of reminds me of

*(Continued on page 2)*